

# Music Camp Handbook 2019

---

This handbook is designed to acquaint campers with Music Camp at Camp Tamarack, and to answer some of the questions you may have. Here's what you'll learn....



## Contents

---

<b>Music Camp Committee</b>	2
<b>Staff - Deans, Workshop Leaders, Lifeguards, First Aid</b>	3
<b>About Camp</b>	3
Daily Schedule	3
Early Riser?	3
Morning and Evening Devotions	3
Workshops	4
Nutri-snack	4
Tuck and Merchandise	4
Swimming and Boating	4
Mealtimes	4
Camp Duty Signup	5
Evening Program	5
Board games	5
Campfire	5
Quiet Time	5
Sunday Worship	5
<b>Buildings</b>	6
Washrooms and Showers	6
Accommodations	6
<b>Emergency Safety Procedures</b>	6
<b>Tamarack Rules</b>	7
<b>PMC Sexual Abuse and Harassment Policy</b>	7
<b>PMC Smoking and Alcohol Policy</b>	7
<b>Sign In / Out</b>	7
<b>PMC Prescription Medication Policy</b>	7
<b>About Presbyterian Music Camp</b>	8
<b>Teen Guidelines</b>	8
<b>Bracebridge Information</b>	9

# Welcome to Camp!

---

We are all part of the Music Camp community and we hope that everyone will feel welcome and at home. When you arrive you will receive a nametag. We ask that all campers wear their nametags for the first couple days of camp so that we can learn each other's names.

## Music Camp Committee

---



You will see several people during the week wearing nametags that say "Committee". These people are on the Music Camp Committee that organizes Music Camp during the year. They meet regularly from September through July, choose the theme, decide on workshops, and arrange for staff. If you have any questions, problems, suggestions or compliments, just speak to any member of the committee.

### Current Committee Members

<b>Name</b>	<b>Position</b>
Kimberly Lovatt	Dean
Sue Thompson	Dean
Ruth Anne Robertson	Convener
Taras Broadhead	Staffing
Jesse Fegelman	Staffing
Debi Vanderstelt	Treasurer
Cathy Whiteside	Registrar
Lisa Broadhead	Teen Representative
Liz Gautreau	Advertising
Ian MacCready	Committee Member
Rae-Lynn Rosefield	Committee member
Tom Allen	Committee member
M.J. Perry	Committee member
Alison Cooper	Committee member
Kevin Hazzard	Committee member

---

Lindsay Weidelich	Committee member
Monika Feth	Committee member
Kennedy Jackson	Committee member
Daniel Kendall	Committee member
Lori Gemmell	Committee member
Peter Rosefield	Committee member
Doug Kendall	Committee member

---

The Committee is always looking for new members. If you are interested in joining us, please speak to one of the committee members.

## Staff

---

Our staff includes those listed below. They are all **volunteers** who are giving their time and talents.

### Deans

"What is a Dean, anyway?" A Dean is a person who has agreed to take on a leadership role at camp. Our Deans this year are **Kimberly Lovatt and Sue Thompson**. The Deans have developed the theme for the week and take responsibility for the morning worship services and the general well being of the campers. They are the face of the Music Camp committee during camp.

### Workshop Leaders

Workshop Leaders are people who share their gifts of leadership, music and enthusiasm with the camp. We are fortunate to have many talented campers who joyfully take on these roles year after year.

### Lifeguards & Health and Safety

The lifeguards are qualified individuals hired to provide lifeguarding services. Our Lifeguards are fully qualified in First Aid and C.P.R. and will be available to help in case of emergency. As well, Cara Pilgrim is fully qualified in First Aid and C.P.R. and has access to PMC's first aid kit. If it is a matter of basic first aid or personal health supplies, we request that you deal with those matters as you usually would at home. A good rule of thumb is, "If you are considering going into the hospital, or seeing a physician, contact the First Aid Person first."

### Other Staff

The caretakers and cooks are all employees of Camp Tamarack. The caretakers maintain and clean the common areas of the camp. Please give them your full co-operation by keeping the camp clean, and respecting their cleaning times.

# About Camp

---

## Daily Schedule

The details of the daily schedule change from year to year, but the general format has stayed the same. The schedule can be used to plan your daily camp activities. Below are some highlights. The camp schedule for 2019 will be sent in an email in July. There may be some small program changes between now and the week of camp. You can check the website for the latest version.

## Early Riser?

For those campers hardy enough to brave the waters of Duck Lake early, the polar bear swim is refreshing way to begin the day at the dock at 7:00 am.

## Morning & Evening Devotions

Devotions introduce the theme for the day in a family friendly environment. Devotions may involve singing, prayer, reflection and scripture centered on the theme. Each devotion time will be a little different as there are several different groups and individuals leading the devotion times during camp. Morning devotions happen after breakfast and before workshop period one. Evening devotions are scheduled after dinner, right before the evening program.

## Workshops

Workshops are given at various times during the day. The schedule and workshop summaries you will receive in July will include the times and locations of all the workshops and short description of each workshop. Please review the schedule before arriving at camp so you can sign up for your workshops when you arrive at the registration table. You may have some hard choices to make because of conflicts, but seasoned campers have found that the greatest challenge is to allow some free time during the day. Workshops are one period each day and span the week. Remember that there is no upper age limit for beginners. If you don't have an instrument, check with the workshop leader or ask around - someone will probably lend you one.

## Nutri-Snack

Mid-morning every day, there is a snack of fruit available at the soccer fields. Snack is delivered to the Cherub program.

## Tuck Shop & Merchandise

Between 2:30 pm and 3:00 pm the Tuck Shop is open. Soft drinks, chips, chocolate bars and candy are available. To purchase something from the Tuck Shop you will need to purchase "Tuckets". Tuckets are available for sale when you register and also will be for sale throughout the week at the Merchandise Shop. One Tucket equals \$0.25. You will find the Tuck Shop beside the office. Proceeds from the Tuck Shop support the Alison Stewart-Patterson bursary fund.

The Merchandise Shop will also be open during Tuck Time. This is located in the camp office. Campwear and souvenirs will be available for purchase.

## Swimming and Boating

Swimming is permitted only at the dock area. The rest of the waterfront is out of bounds at all times to swimmers. The sandy area in front of the docks is also out of bounds to unsupervised children when the lifeguards are not on duty. There are lifeguards on duty at specific times during the day. The lifeguards are in charge at the dock - please follow their instructions. Canoes may be made available at specific times. An announcement will be made at camp if/when canoes are available. All campers using watercraft are asked to follow camp guidelines and regulations and watercraft may only be used during designated times.

## Mealtimes

The tables in the Dining Hall seat 8 people. One person from each table at each meal is chosen to be a gofer for that meal. This helps avoid overcrowding at the serving counter. The gofer's job is:

- Go fer food from the serving window and take it to the table
- Go fer refills if needed
- Go fer taking leftovers and condiments back to the window
- Go fer clearing the table of dirty dishes, cutlery and garbage
- Go fer a cloth to wipe the table

## GREEN CAMPING

In an effort to make our camp more environmentally friendly we are asking that every camper come to camp with their own refillable water bottle and coffee mugs. Please ensure that all water bottles and plastic mugs are clearly marked with your name in permanent marker. Tamarack has installed a dishwasher so you don't need to bring your own dishes.

## Camp Duties Sign Up

To help camp run smoothly, there are a number of duties that need to be completed every day over the week. To help with all of this, every camper will be asked to sign up for 2-4 duty slots (based on the number of campers). Helping out with camp duties is a great way to get to know other campers, and helps build a feeling of community over the week. Duties include:

- leading grace before meals
- starting or putting out the campfire at night
- sweeping out and/or setting up the common areas after evening programs
- litter pick-up

Sign up sheets will be available during registration, along with a guideline of how many slots each camper is asked to sign up for and a breakdown of each duty.

## Evening Program

The evening program changes from day to day and the activities are generally planned to involve everyone in the camp. Details of this year's programme will be found on the schedule - any additions or changes will be made during mealtime announcements. The evening program includes an intermission break. This is a time for parents to take younger children for a snack and then to bed.

Children staying for the whole evening program can have their evening snack with the adults when the evening program is complete.

## Board Games & Campfire

After the evening programme there is usually a campfire at the fire pit in front of Brandon Hall, and all are welcome to enjoy this informal time of singing and fun. The Dining Hall is also available for playing board games. Come and challenge our Deans to a spirited game.

## Quiet Time

We ask that campers (including those around the campfire) observe quiet time after 11:00 p.m. so that other campers can get their beauty sleep.

## Sunday Morning

During Sunday morning worship on August 25<sup>th</sup>, an offering will be received with four funds seeking your financial support.

- 1) The Alison Stewart Patterson Fund provides bursaries for people experiencing financial difficulty attending camp.
- 2) The Moncrieff Memorial Fund receives money to purchase musical equipment, instruments, and music books for use at camp.
- 3) The Tom Gemmell Bursary Fund provides a bursary for a member of the clergy, music director of a church or certified clergy student to attend camp.
- 4) The General Fund receives money to designate to either of the above-mentioned funds as needed in any given year.

Should you have reason to leave the camp before the service and you would like to make a donation, please speak to the Treasurer, or to the Deans. Receipts for income tax purposes will be mailed to you at a later date.

# Buildings

---

There are many buildings on site that we use. The Lakeview Theatre is the main gathering place for morning and evening worship, several workshops, and for evening programmes. The Dining Hall is for meals, workshops, and evening board games. We need to allow time before and after meals so that the kitchen staff can set up and keep the dining space clean so please be mindful of this when you are using this building. Please refer to your schedule and map for more information on the location of buildings and workshops.

## Washrooms and Showers

There are washrooms in various locations around the camp, including right beside the Lakeview Theatre and in the cabin areas. Several washrooms around camps are designated as "all genders welcome". Look for these signs, if this designation is important to you. There is also a main shower

house/washroom in the centre of the camp along the main road. There are also showers in the Sequoia unit. Washrooms and showers are closed for about 1 hour each day for cleaning. A cleaning schedule is posted at each washroom/shower. Please respect this schedule so the cleaning staff can do their jobs.

## Accommodation

**Cabins:** Due to the configuration of the cabin buildings on the site you may be assigned to a cabin along with some other campers. This means that if you are a single camper you may be in a large cabin with a group of single folks like you. Or a family may have one half of a large cabin with another family staying in the other half. Some of these large cabins have walls dividing the two ends, others have a connecting passageway. We try to place people in accommodations that best suit their needs, but if you arrive at camp and there is any problem with your accommodations, please speak with **the registrar, Cathy Whiteside**, and we will do our best to sort out any difficulties. Please remember that Tamarack is a natural setting. If you must keep food in your cabin, ensure that it is in animal proof containers, to discourage visitors. (NOTE: Tupperware is **not** animal-proof)

**Trailers:** Some families choose to bring trailers, which may be set up in the area past the Lakeview Theatre. There are no electrical or water hook-ups available. Anyone choosing this type of accommodation must confirm their choice with the registrar.

# Emergency and Safety Procedures

---

If you need to leave an emergency number with your church (for ministers) or for other pressing reasons, messages can be left with the **Camp Office at (705) 645-4881** and the committee will ensure that you receive it.

### If you hear the camp siren:

- Proceed immediately to the Soccer Field and wait for instructions
  - During workshops, stay with your workshop group and proceed together to the Soccer Field.
- Once you arrive at the Soccer Field find your Family or the people you came with. Do not leave the Soccer Field until instructed by the Convenor or Deans.
- Parents or guardians are responsible for ensuring that their children know the emergency signal and assembly point.
- In an emergency, be alert to the need for camp staff or emergency vehicles to use the camp roadways.

# Tamarack Rules

---

1. Don't drive on any grass.
2. Don't litter the grounds.
3. Don't rearrange, borrow or remove equipment without permission.

4. When leaving a building, turn off the lights.
5. After arrival and unpacking, all cars should be parked in the lot.
6. Stones, rocks, branches and twigs should not be thrown.
7. Leave the red buckets on the posts.
8. Extinguish all campfires thoroughly.
9. No swimming or use of waterfront activities, unless supervised by the lifeguards.
10. No swimming or use of waterfront activities except at agreed upon times.
11. Cigarette smoking is prohibited in all areas of Camp, except at designated locations as agreed upon by PMC and the Camp Director(s).
12. Illegal drugs are strictly forbidden at anytime.
13. Do not plug in fridges etc., which are in some cabins.
14. If sports equipment is required, please see the PMC Sports person to make arrangements.
15. On the last day, all facilities and sleeping quarters must be left clean and garbage containers emptied.
16. All mattresses must remain on their proper beds.
17. Do not take food, cutlery or paper products out of the Dining Hall.
18. After meals, please leave the Dining Hall so it can be cleaned.
19. Do not leave any food garbage in your cabin garbage container. Place all food garbage in the outside garbage cans to avoid encouraging cabin visits from local animal life.

Please follow all these rules and have a safe & enjoyable week at Tamarack.

### **PMC Sexual Abuse and/or Harassment Policy**

It is the policy of The Presbyterian Church in Canada that sexual abuse or harassment of any kind by church leaders, staff or volunteers will not be tolerated. This policy applies to all people participating in Presbyterian Music Camp.

### **PMC Policy on Smoking at Camp**

As PMC is a family camp, neither alcohol nor smoking is permitted in the camp. Smoking should only be done in the main parking lot area for the duration of the camp.

### **Medication Policy**

In order to keep prescription medication out of the hands of small children, medication should be locked up in a container such as a fishing tackle box.

### **Sign In/Out**

If you are leaving the camp property for any reason:

- Sign out on the list posted outside the office indicating your approximate time of return
- When you return to camp, sign in on the list



## About Presbyterian Music Camp

### The PMC Logo is made up of:

- A circle for the fellowship and unity of the Christian family.
- A music note floating on the lake.
- A tree representing nature.
- The Cross of Jesus Christ made from a tree.



### Presbyterian Music Camp Statement of Purpose

At Music Camp, our focus is Christ, and music is the principal means by which we celebrate Him. Ours is a camp that welcomes and supports families and individuals who come together to experience Christian community.

### CAIRN

The Synod of Central, Northeastern Ontario and Bermuda of the Presbyterian Church in Canada (The Synod) is blessed with five unique and diverse camping programmes. Presbyterian Music Camp, Glen Mhor and Iona programmes as well as the Glen Mhor Outdoor Centre and Dorothy Lake Family Camp make up CAIRN, the camping program for the synod.

## Teen Guidelines

---

There will be two teen counsellors for Music Camp 2019. On the first night of camp the teens will get together to meet each other and their counsellors. There may be other meetings or activities planned for teens throughout the week, so make sure you listen for announcements.

### **Sleep & Quiet Time:**

- If other people in your cabin want to sleep, please let them.
- In general, bring the noise level down by 11:00pm.
- If you are tired you should consider sleeping.
- If your parent(s) / guardian have set a curfew, that is the rule for you.
- Sleep in your assigned cabin. No one can switch cabins without talking to the registrar. **This is the rule for all campers.**

**Workshops:** If you join a workshop you should attend it for every day it's offered. Most workshops are not designed as drop-in activities.

**Leaving the Site:** Before leaving the site (going on a hike etc.), get your parent's/ guardian's approval in addition to signing out.

**Special Note:** Be aware that the rest of the camp notices you more than you think. The younger pre-teens may look up to you and follow your example, so please set a good one. If you have any problems or questions, feel free to talk to your Teen Counsellors, the Deans, or any Committee Members.

# Bracebridge Information

---

## Laundromat

Centennial Coin laundry - 235 Wellington Street  
Washboard Laundry Centre - 195 Wellington Street

## Pharmacies

The Dispensary - 230 Manitoba Street  
Shoppers Drug Mart - 248 Manitoba Street (at Highway 118)

## Health Clinics

Archdekin Medical Group - 205 Hiram Street  
Bracebridge Medical Centre - 28 Manitoba Street  
Medical Centre & Walk-in Clinic - 230 Manitoba Street

## Music Store

Precision Music - 38 Manitoba Street

## Caffeine

Tim Hortons - 9 Depot Dr. (just off Taylor Rd., which is just off the highway!)

Tim Hortons - 295 Wellington Street

## **Route into town, to avoid some of the congestion:**

Take Highway 11 south to the Taylor Road exit (highway 42)  
Follow Taylor Road until Cedar Lane, where you turn left.  
Follow Cedar Road past the OPP station.  
At Entrance Road take a sharp right turn.  
This runs directly into Manitoba Street, the main shopping area.

We hope that this handbook has been helpful in introducing you to some of the things that veteran campers take for granted. If you have any questions or comments about this handbook or about camp in general, please talk to a committee member. Have a wonderful week!